

PRACTICAL WAYS TO **A**CHIEVE **T**ARGETS IN **D**IABETES **C**CARE

July 8-11, 2026: Keystone, CO



Wednesday, July 8, 2026

7:00–8:00 AM *Check-In/Continental Breakfast/View Exhibits*

8:00–8:20 AM Welcome & Introductory Remarks — Satish Garg, MD

8:20–8:25 AM Housekeeping Announcements — Anne Caulfield, BA

KEYNOTE + PLENARY ONE: Glucose & Ketone Monitoring *Chairs: S. Garg & A. Michels*

8:25–8:55 AM **Keynote 1: Gene Editing (CRISPR) for Lipid Targets** — Steven Nissen, MD

8:55–9:20 AM **CGM Use in Non-Insulin-Treated T2D** — Roy Beck, MD, PhD

9:20–9:45 AM **Past, Present, & Future of Continuous Glucose Monitoring** — Irl Hirsch, MD

9:45–10:10 AM **Dual Glucose & Ketone Monitoring During Pregnancy** — Helen Murphy, MD

10:10–10:35 AM **Algorithms for AID Using Dual Glucose Ketone Monitors** — Marc Breton, PhD

10:35–10:50 AM **Question & Answer/Panel Discussion**

Panelists: R. Beck, M. Breton, S. Garg, I. Hirsch, A. Michels, H. Murphy, & S. Nissen

10:50–11:05 AM *Break/View Exhibits/Snacks/Check-In*

PLENARY TWO: Cardiovascular Disease & Diabetes *Chairs: R. Beck & H. Murphy*

11:05–11:30 AM **Mechanism of Action of GLP & CVD Benefits** — Ralph DeFronzo, MD

11:30–11:55 PM **Cardiovascular Benefits with GLP Analogs (SURPASS CVOT)** — Steven Nissen, MD

11:55–12:20 PM **GLP Analogs for Adolescents & Young Adults** — Michael Haller, MD

12:20–12:35 PM **Question & Answer/Panel Discussion**

Panelists: R. Beck, R. DeFronzo, M. Haller, H. Murphy, & S. Nissen

12:35–2:15 PM *Lunch/View Exhibits/Industry-Sponsored Program/Check-In*

PLENARY THREE: Diabetes & Co-Morbidities *Chairs: M. Breton & M. Haller*

2:15–2:40 PM **GI Disorders Associated with Diabetes** — Samita Garg, MD

2:40–3:05 PM **Management of Resistant Hypertension in Diabetic Kidney Disease** — Anip Bansal, MD

3:05–3:30 PM **Cancer in Patients with Diabetes & Obesity** — Aaron Michels, MD

3:30–3:55 PM **Lived Experience** — Brian Novak, BA

3:55–4:20 PM **Question & Answer/Panel Discussion**

Panelists: A. Bansal, M. Breton, S. Garg, M. Haller, A. Michels, & B. Novak

4:20–4:30 PM **Break/View Exhibits**

4:30–5:30 PM **Meet the Peers: BDC Educators, APPs, & MDs**

Panelists: HK. Akturk, L. Beck, E. Cobry, G. Forlenza, S. Garg, M. Lanning, A. Michels, H. O'Donnell, S. Polsky, M. Rewers, K. Simmons, A. Steck, & L. Waterman

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PRACTICAL WAYS TO **A**CHIEVE **T**ARGETS IN **D**IABETES **C**CARE

July 8-11, 2026: Keystone, CO

Thursday, July 9, 2026

7:00–8:00 AM *Check-In/Continental Breakfast/View Exhibits*

8:00–8:10 AM Welcome & Introductory Remarks — Satish Garg, MD

8:10–8:15 AM Housekeeping Announcements — Anne Caulfield, BA

KEYNOTE + PLENARY FOUR: Diabetes & Microvascular Disease *Chairs: R. Beck & S. Garg*

8:15–8:45 AM Keynote 2: Triple Gs & Orfoglipron in Diabetes & Obesity — Steven Nissen, MD

8:45–9:10 AM Management of Diabetic Kidney Disease — Anip Bansal, MD

9:10–9:35 AM Neuropathy, Multiple Sclerosis, & Diabetes — Varun Sreenivasan, MD

9:35–10:00 AM Atypical Diabetes — Michael Haller, MD

10:00–10:20 AM Question & Answer/Panel Discussion

Panelists: A. Bansal, R. Beck, S. Garg, M. Haller, S. Nissen, & V. Sreenivasan

10:20–10:40 AM *Break/Visit Exhibits/Snacks*

PLENARY FIVE: Basal & Prandial Insulins *Chairs: A. Bansal & V. Sreenivasan*

10:40–11:10 AM Is Weekly Basal Insulin Better? — Irl Hirsch, MD

11:10–11:40 AM Are Ultra-Rapid Prandial Insulins Needed? — Marc Breton, PhD

11:40–12:00 PM Alternate Ways to Deliver Insulin — Roy Beck, MD, PhD

12:00–12:20 PM Question & Answer/Panel Discussion

Panelists: A. Bansal, R. Beck, M. Breton, I. Hirsch, & V. Sreenivasan

12:20–2:00 PM *Lunch/View Exhibits/Industry-Sponsored Program*

KEYNOTE + PLENARY SIX: AID Systems *Chairs: I. Hirsch & S. Polsky*

2:00–2:30 PM Keynote 3: Update on Diabetes & Pregnancy Guidelines — Helen Murphy, MD

2:30–3:00 PM Are All AID Systems the Same? — Aaron Kowalski, PhD

3:00–3:30 PM AID in Patients with T2D — Roy Beck, MD, PhD

3:30–4:00 PM Dual/Triple Hormones for AID — Marc Breton, PhD

4:00–4:30 PM Question & Answer/Panel Discussion

Panelists: R. Beck, M. Breton, I. Hirsch, A. Kowalski, H. Murphy, & S. Polsky

PRACTICAL WAYS TO **A**CHIEVE **T**ARGETS IN **D**IABETES **C**CARE

July 8-11, 2026: Keystone, CO

Friday, July 10, 2026

7:00–8:00 AM *Continental Breakfast/View Exhibits*

8:00–8:10 AM **Welcome & Introductory Remarks** — H. Kaan Akturk, MD

8:10–8:15 AM **Housekeeping Announcements** — Anne Caulfield, BA

PLENARY SEVEN: Immunology & T1D *Chairs: HK. Akturk & D. Davis*

8:15–8:40 AM **Autoimmunity Triggers in T1D** — Aaron Kowalski, PhD

8:40–9:05 AM **Antibody Screening in the General Population** — Marian Rewers, MD, PhD

9:05–9:30 AM **Treatment Options to Delay the Onset of T1D** — Michael Haller, MD

9:30–9:55 AM **Early Detection of Adult Onset T1D** — Aaron Michels, MD

9:55–10:25 AM **Question & Answer/Panel Discussion**

Panelists: HK. Akturk, D. Davis, M. Haller, A. Kowalski, A. Michels, & M. Rewers

10:25–10:40 AM *Break/View Exhibits/Snacks*

PLENARY EIGHT: Obesity & Diabetes Management *Chairs: L. Sussel & M. Rewers*

10:40–11:05 AM **Lipotoxicity: When Is Too Much Fat Too Much?** — Ralph DeFronzo, MD

11:05–11:30 AM **Role of Exercise in Diabetes** — Kimber Simmons, MD

11:30–11:55 AM **Psycho-Social Challenges with Diabetes** — Holly O'Donnell, PhD

11:55–12:20 PM **Question & Answer/Panel Discussion**

Panelists: R. DeFronzo, H. O'Donnell, M. Rewers, K. Simmons, & L. Sussel

12:20–2:00 PM *Lunch/View Exhibits/Industry-Sponsored Program*

PLENARY NINE: Diabetes Care/Cure *Chairs: E. Cobry & K. Simmons*

2:00–2:25 PM **Combination Therapy for T2D at Onset** — Ralph DeFronzo, MD

2:25–2:50 PM **Is a Cure for Diabetes Possible?** — Lori Sussel, PhD

2:50–3:15 PM **Challenges in Monitoring Early Stage T1D** — Andrea Steck, MD

3:15–3:40 PM **Potential Solutions to Common Patient Issues** — Liz Beck, RD

3:40–4:05 PM **Transferring to Adult Care** — Monica Lanning, PA-C & Lauren Waterman, MD

4:05–4:35 PM **Question & Answer/Panel Discussion**

Panelists: L. Beck, E. Cobry, R. DeFronzo, M. Lanning, K. Simmons, A. Steck, L. Sussel, & L. Waterman

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July 8-11, 2026: Keystone, CO

Saturday, July 11, 2026

7:00–8:00 AM *Continental Breakfast/View Exhibits*

8:00–8:05 AM Welcome & Introductory Remarks — Gregory Forlenza, MD

8:05–8:10 AM Housekeeping Announcements — Anne Caulfield, BA

KEYNOTE + PLENARY TEN: Inpatient Diabetes Management & Special Circumstances *Chairs: G. Forlenza & A. Steck*

8:10-8:40 AM Keynote 4: Challenges & Goals of Breakthrough T1D — Aaron Kowalski, PhD

8:40–9:10 AM Appropriate ICU Glycemic Targets — Irl Hirsch, MD

9:10–9:40 AM Role of Dual Glucose & Ketone Monitoring in In-Patient Pediatrics — Erin Cobry, MD

9:40–10:10 AM Diabetes Management in Post-Menopausal Women — Helen Murphy, MD

10:10–10:35 AM Question & Answer/Panel Discussion

Panelists: E. Cobry, G. Forlenza, I. Hirsch, A. Kowalski, H. Murphy, & A. Steck

10:35–10:45 AM Closing Remarks/Farewell — Satish Garg, MD