

PRACTICAL WAYS TO **A**CHIEVE **T**ARGETS IN **D**IABETES **C**CARE

July 8-11, 2026: Keystone, CO



Wednesday, July 8, 2026

7:00–8:00 AM *Check-In/Continental Breakfast/View Exhibits*

8:00–8:20 AM Welcome & Introductory Remarks — Satish Garg, MD

8:20–8:25 AM Housekeeping Announcements — Anne Caulfield, BA

KEYNOTE + PLENARY ONE: Glucose & Ketone Monitoring *Chairs: S. Garg & A. Michels*

8:25–8:55 AM **Keynote 1: Gene Editing (CRSPR) for Lipid Targets** — Steven Nissen, MD

8:55–9:20 AM **CGM Use in Non-Insulin-Treated T2D** — Roy Beck, MD, PhD

9:20–9:45 AM **Past, Present, & Future of Continuous Glucose Monitoring** — Irl Hirsch, MD

9:45–10:10 AM **Dual Glucose & Ketone Monitoring During Pregnancy** — Helen Murphy, MD, PhD

10:10–10:35 AM **Inpatient Ketone Monitoring** — Sarah Goodpastor, MD

10:35–10:50 AM **Question & Answer/Panel Discussion**

Panelists: R. Beck, S. Garg, S. Goodpastor, I. Hirsch, A. Michels, H. Murphy, & S. Nissen

10:50–11:05 AM *Break/View Exhibits/Snacks/Check-In*

PLENARY TWO: Cardiovascular Disease & Diabetes *Chairs: HK. Akturk & H. Murphy*

11:05–11:30 AM **Mechanism of Action of GLP & CVD Benefits** — Ralph DeFronzo, MD

11:30–11:55 PM **Cardiovascular Benefits with GLP Analogs (SURPASS CVOT)** — Steven Nissen, MD

11:55–12:20 PM **GLP Analogs for Adolescents & Young Adults** — Michael Haller, MD

12:20–12:35 PM **Question & Answer/Panel Discussion**

Panelists: HK. Akturk, R. DeFronzo, M. Haller, H. Murphy, & S. Nissen

12:35–2:15 PM *Lunch/View Exhibits/Industry-Sponsored Program/Check-In*

PLENARY THREE: Diabetes & Co-Morbidities *Chairs: S. Goodpastor & M. Haller*

2:15–2:40 PM **FDA Perspective on Fully Closed-Loop Systems** — Tiffany Yeh, MD

2:40–3:05 PM **Management of Resistant Hypertension in Diabetic Kidney Disease** — Anip Bansal, MD

3:05–3:30 PM **Cancer in Patients with Diabetes & Obesity** — Aaron Michels, MD

3:30–3:55 PM **Lived Experience** — Julie Heverly, BA & Brian Novak, BA

3:55–4:20 PM **Question & Answer/Panel Discussion**

Panelists: A. Bansal, S. Goodpastor, M. Haller, J. Heverly, A. Michels, B. Novak, & T. Yeh

4:20–4:30 PM **Break/View Exhibits**

4:30–5:30 PM **Meet the Peers: BDC Educators, APPs, & MDs**

Panelists: HK. Akturk, L. Beck, E. Cobry, G. Forlenza, S. Garg, A. Michels, H. O'Donnell, S. Polsky, M. Rewers, K. Simmons, A. Steck, L. Waterman, & T. Yeh

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Wifi Password: ATDC2026

PRACTICAL WAYS TO **A**CHIEVE **T**ARGETS IN **D**IABETES **C**CARE

July 8-11, 2026: Keystone, CO



Thursday, July 9, 2026

7:00–8:00 AM *Check-In/Continental Breakfast/View Exhibits*

8:00–8:10 AM **Welcome & Introductory Remarks** — Satish Garg, MD

8:10–8:15 AM **Housekeeping Announcements** — Anne Caulfield, BA

KEYNOTE + PLENARY FOUR: Diabetes & Microvascular Disease *Chairs: R. Beck & S. Garg*

8:15–8:45 AM **Keynote 2: Triple-G & Orforglipron in Diabetes & Obesity** — Steven Nissen, MD

8:45–9:10 AM **Management of Diabetic Kidney Disease** — Anip Bansal, MD

9:10–9:35 AM **Neuropathy, Multiple Sclerosis, & Diabetes** — Varun Sreenivasan, MD

9:35–10:00 AM **Atypical Diabetes** — Michael Haller, MD

10:00–10:20 AM **Question & Answer/Panel Discussion**

Panelists: A. Bansal, R. Beck, S. Garg, M. Haller, S. Nissen, & V. Sreenivasan

10:20–10:40 AM *Break/Visit Exhibits/Snacks*

PLENARY FIVE: Basal & Prandial Insulins *Chairs: A. Bansal & V. Sreenivasan*

10:40–11:10 AM **Is Weekly Basal Insulin Better?** — Irl Hirsch, MD

11:10–11:40 AM **Are Ultra-Rapid Prandial Insulins Needed?** — Gregory Forlenza, MD

11:40–12:00 PM **Alternate Ways to Deliver Insulin** — Roy Beck, MD, PhD

12:00–12:20 PM **Question & Answer/Panel Discussion**

Panelists: A. Bansal, R. Beck, G. Forlenza, I. Hirsch, & V. Sreenivasan

12:20–2:00 PM *Lunch/View Exhibits/Industry-Sponsored Program*

KEYNOTE + PLENARY SIX: AID Systems *Chairs: I. Hirsch & S. Polsky*

2:00–2:30 PM **Keynote 3: Update on Diabetes & Pregnancy Guidelines** — Helen Murphy, MD, PhD

2:30–3:00 PM **Are All AID Systems the Same?** — Aaron Kowalski, PhD

3:00–3:30 PM **AID in Patients with T2D** — Roy Beck, MD, PhD

3:30–4:00 PM **AID Use in the Inpatient Setting** — Sarah Goodpastor, MD

4:00–4:30 PM **Question & Answer/Panel Discussion**

Panelists: R. Beck, S. Goodpastor, I. Hirsch, A. Kowalski, H. Murphy, & S. Polsky

PRACTICAL WAYS TO **A**CHIEVE **T**ARGETS IN **D**IABETES **C**CARE

July 8-11, 2026: Keystone, CO



Friday, July 10, 2026

7:00–8:00 AM *Continental Breakfast/View Exhibits*

8:00–8:10 AM Welcome & Introductory Remarks — H. Kaan Akturk, MD

8:10–8:15 AM Housekeeping Announcements — Anne Caulfield, BA

PLENARY SEVEN: Immunology & T1D *Chairs: HK. Akturk & D. Davis*

8:15–8:40 AM Autoimmunity Triggers in T1D — Aaron Kowalski, PhD

8:40–9:05 AM Antibody Screening in the General Population — Marian Rewers, MD, PhD

9:05–9:30 AM Treatment Options to Delay the Onset of T1D — Michael Haller, MD

9:30–9:55 AM Early Detection of Adult Onset T1D — Aaron Michels, MD

9:55–10:25 AM Question & Answer/Panel Discussion

Panelists: HK. Akturk, D. Davis, M. Haller, A. Kowalski, A. Michels, & M. Rewers

10:25–10:40 AM *Break/View Exhibits/Snacks*

PLENARY EIGHT: Obesity & Diabetes Management *Chairs: L. Sussel & M. Rewers*

10:40–11:05 AM Lipotoxicity: When Is Too Much Fat Too Much? — Ralph DeFronzo, MD

11:05–11:30 AM Role of Exercise in Diabetes — Kimber Simmons, MD

11:30–11:55 AM Psycho-Social Challenges with Diabetes — Holly O'Donnell, PhD

11:55–12:20 PM Question & Answer/Panel Discussion

Panelists: R. DeFronzo, H. O'Donnell, M. Rewers, K. Simmons, & L. Sussel

12:20–2:00 PM *Lunch/View Exhibits/Industry-Sponsored Program*

PLENARY NINE: Diabetes Care/Cure *Chairs: E. Cobry & K. Simmons*

2:00–2:25 PM Combination Therapy for T2D at Onset — Ralph DeFronzo, MD

2:25–2:50 PM Is a Cure for Diabetes Possible? — Lori Sussel, PhD

2:50–3:15 PM Challenges in Monitoring Early Stage T1D — Andrea Steck, MD

3:15–3:40 PM Potential Solutions to Common Patient Issues — Liz Beck, RD

3:40–4:05 PM Transferring to Adult Care — Lauren Waterman, MD

4:05–4:35 PM Question & Answer/Panel Discussion

Panelists: L. Beck, E. Cobry, R. DeFronzo, K. Simmons, A. Steck, L. Sussel, & L. Waterman

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Saturday, July 11, 2026

- 7:00–8:00 AM *Continental Breakfast/View Exhibits*
- 8:00–8:05 AM **Welcome & Introductory Remarks** — Gregory Forlenza, MD
- 8:05–8:10 AM **Housekeeping Announcements** — Anne Caulfield, BA

KEYNOTE + PLENARY TEN: Inpatient Diabetes Management & Special Circumstances *Chairs: G. Forlenza & A. Steck*

- 8:10–8:40 AM **Keynote 4: Challenges & Goals of Breakthrough T1D** — Aaron Kowalski, PhD
- 8:40–9:10 AM **Appropriate ICU Glycemic Targets** — Irl Hirsch, MD
- 9:10–9:40 AM **Inpatient Dual Glucose & Ketone Monitoring in Pediatrics** — Erin Cobry, MD
- 9:40–10:10 AM **Diabetes Management in Post-Menopausal Women** — Helen Murphy, MD, PhD
- 10:10–10:35 AM **Question & Answer/Panel Discussion**
Panelists: E. Cobry, G. Forlenza, I. Hirsch, A. Kowalski, H. Murphy, & A. Steck
- 10:35–10:45 AM **Closing Remarks/Farewell** — Satish Garg, MD